

Expanse Now Balance Amidst Burnout

Is a physician ever really out of office?

Whether working after hours or on-call, physicians today are spending a lot more time on patient care outside the office. Not surprisingly, physician burnout has become a big problem.



At the heart of every practice, and every physician's day, is their workload. MEDITECH's innovative mobile app, *Expanse Now*, helps mitigate burnout and improve patient safety using intuitive technology and optimized workflows to support physicians' work-life balance.

The "invisible work" of physicians cannot be ignored. Beyond the rise of depression among physicians, burnout is also linked to decreased patient satisfaction and overall lower standards of care.

With an average of 2,500 patients each, a primary care doctor would need over **21 hours per day** to provide all recommended care to their patients. But to do their best for patients, physicians must first care for themselves — and *Expanse Now* helps them to do so.

Expanse Now is available in MEDITECH Cloud Platform and provides seamless integration with MEDITECH *Expanse* and the provider *Workload*, supported by easy-to-interpret formats and remote care coordination tools to reduce unnecessary visits and excess costs.

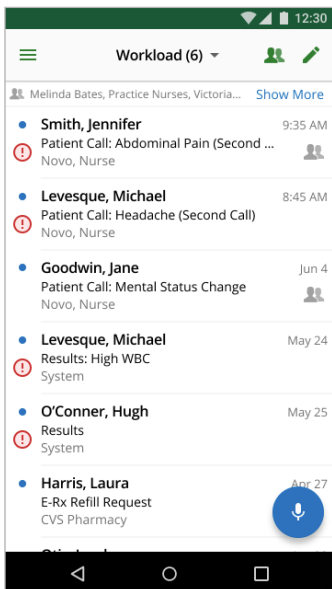
46% OF PHYSICIANS REPORT BURNOUT

ONLY **27%** OF PHYSICIANS' DAY IS SPENT WITH PATIENTS
49% SPENT ON EHR & DESK WORK

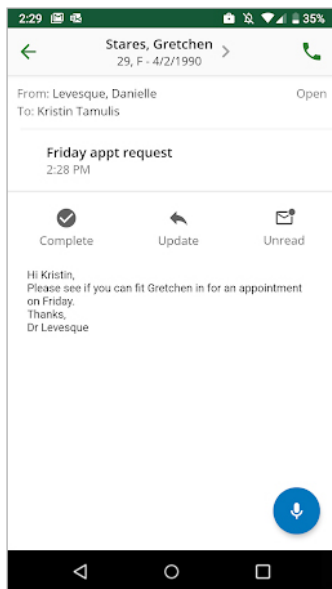
3x INCREASED RISK OF MEDICAL ERRORS

PHYSICIANS TAKE HOME **UP TO 2HRS** OF DESK WORK EVERY NIGHT

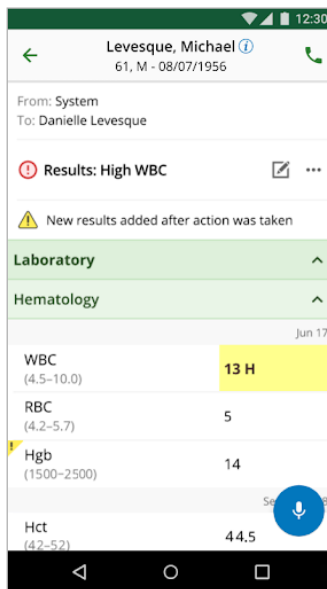
Workload List & Management Tools



Administrative Items & Appointment Requests



Result Notifications & Tasks



REMOTELY ADDRESS workload tasks, send/receive messages, and refill prescriptions from anywhere

QUICKLY ACCESS patient information, allergies, problems, medications, and result history

RECEIVE UPDATED results and notifications in real-time

USE INTUITIVE navigation and voice commands to set reminders and launch patient problems.