# MEDITECH

## **Expanse Now Balance Amidst Burnout**

### Is a physician ever really out of office?

Whether working after hours or on-call, physicians today are spending a lot more time on patient care outside the office. Not surprisingly, physician burnout has become a big problem.

Administrative Items &

**Appointment Requests** 



At the heart of every practice, and every physician's day, is their workload. MEDITECH's innovative mobile app, Expanse Now, helps mitigate burnout and improve patient safety using intuitive technology and optimized workflows to support physicians' work-life balance.

The "invisible work" of physicians cannot be ignored. Beyond the rise of depression among physicians, burnout is also linked to decreased patient satisfaction and overall lower standards of care.

With an average of 2,500 patients each, a primary care doctor would need over 21 hours per day to provide all recommended care to their patients. But to do their best for patients, physicians must first care for themselves - and Expanse Now helps them to do so.

Expanse Now is available in MEDITECH Cloud Platform and provides seamless integration with MEDITECH Expanse and the provider Workload, supported by easy-to-interpret formats and remote care coordination tools to reduce unnecessary visits and excess costs.

#### Workload List & **Management Tools**

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#### **Result Notifications** & Tasks

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## **46%** OF PHYSICIANS **REPORT BURNOUT**





PHYSICIANS TAKE HOME UP TO 2HRS OF DESK WORK EVERY NIGHT

#### workload tasks, send/ receive messages, and refill prescriptions from anywhere

**REMOTELY ADDRESS** 

**QUICKLY ACCESS** patient information, allergies, problems, medications, and result history



results and notifications

**USE INTUITIVE** navigation and voice commands to set reminders and launch patient problems.

